## PIZZA BURRITOS



## INGREDIENTS

Wheat or corn wraps

Sauces (Ketchup, BBQ, Sweet Chilli)

Selection of veggies to chop & try

Grated Cheese

Mixed Herbs

Chilli Flakes

## DIRECTIONS:

Place the wrap on a piece of silver foil

Spread the wrap with the sauce of your choice

Sprinkle with chopped veggies

Sprinkle with cheese

Top this with herbs or chilli flakes

Roll the wrap like a burrito and then wrap tightly in silver

foil.

Place in an oven for 10-12 minutes

Top tip : If there isn't an oven fold into a quesadilla, wrap

in foil and pop into a toaster.



## LIL'S PARLOUR CIC, EAT JOYFULLY