



A FATHER'S
CHILD
SERVICES



Welcome To CONSORTIUM HUB NEWS

Our **5 week Summer Pilot** programme in 2026 featured many partners that we collaborated with.

All staff and plenaries fully enhanced DBS Checked.
Qualified and Respectful Practitioners

<https://www.afcscic.org/>

Table of Contents

Overview of RESPECT	3
The HAF Offer	4 - 6
SEND Co-Production	7 - 8
Case Studies	9 - 12
Culture, Heritage, Enrichment	13 - 15
Project Outcomes & Legacy	16
Top Tips	17
Thanks To.....	18

RESPECT

A Father's Child Services CIC campaign RESPECT©, was launched during the covid-19 pandemic.

It underpins our values of:

Respecting, Every, Single, Perspective/Person's, Emotional,
Challenge, Together

which is the blueprint for how we approach Mental Health and Well-being as an organisation.

No matter who you are, or what you bring, we provide services that aim to breakdown the stigma, and place services users at the helm of the support they receive.

We believe that *acceptance* has no boundaries.



AFCS SUMMER HAF OFFER

This **Summer** Holiday we wanted to support more families as last year the **feed back** we received was that:

- Parents and children wanted more days at HAF club
- Parents especially those who worked wanted longer hours to support
- Extending days and time would mean providing more food and staff hours at the club.

Our normal **HAF programme** runs **Tuesday, Wednesday & Thursday** 10-2pm per week

Providing **3 meals per day** (Breakfast - hot, Lunch -hot & And afternoon snack) and a fruit bowl available all day. Our Pilot ran for 5 weeks, 5 days per week, with 3 meals per day.

We also *registered* as a **food business** so that we could continue to provide our young people with a variety of choices each meal during HAF.



AFCS SUMMER HAF OFFER

Organisation Name: A Father's Child Services CIC

Holiday Club Name: Consortium Club

Venue Name, Postcode: Consortium Club, 69 Steward Street, B18 7AF

Summer HAF Funding Offer & Capacity calculation:
10 spaces per day x 15 days (150 spaces)

Summer Funding Offer & Capacity calculation:

We were lucky enough to be awarded a small pot of funding from **Feeding Britain**, to provide:

- **1 place for 1 child per day over 10, days**
- **A total of 28 additional FREE spaces.**

To ensure a safe provision for our young people we also used a portion of our

National Lottery Youth Hub Funding

to ensure staff worked with young people providing the additional hours and days to run our

5 week pilot.

Some of the issues we supported this HAF included ***Pica, Trichotilimania, ADHD, Autism, A heart Condition, A deaf Child using a hearing aid.***



AFCS SUMMER HAF OFFER

We support the children
with a safe physical
place to be, an enriching
environment to grow,
make mistakes and
nurture new
friendships



SEND CO- PRODUCTION

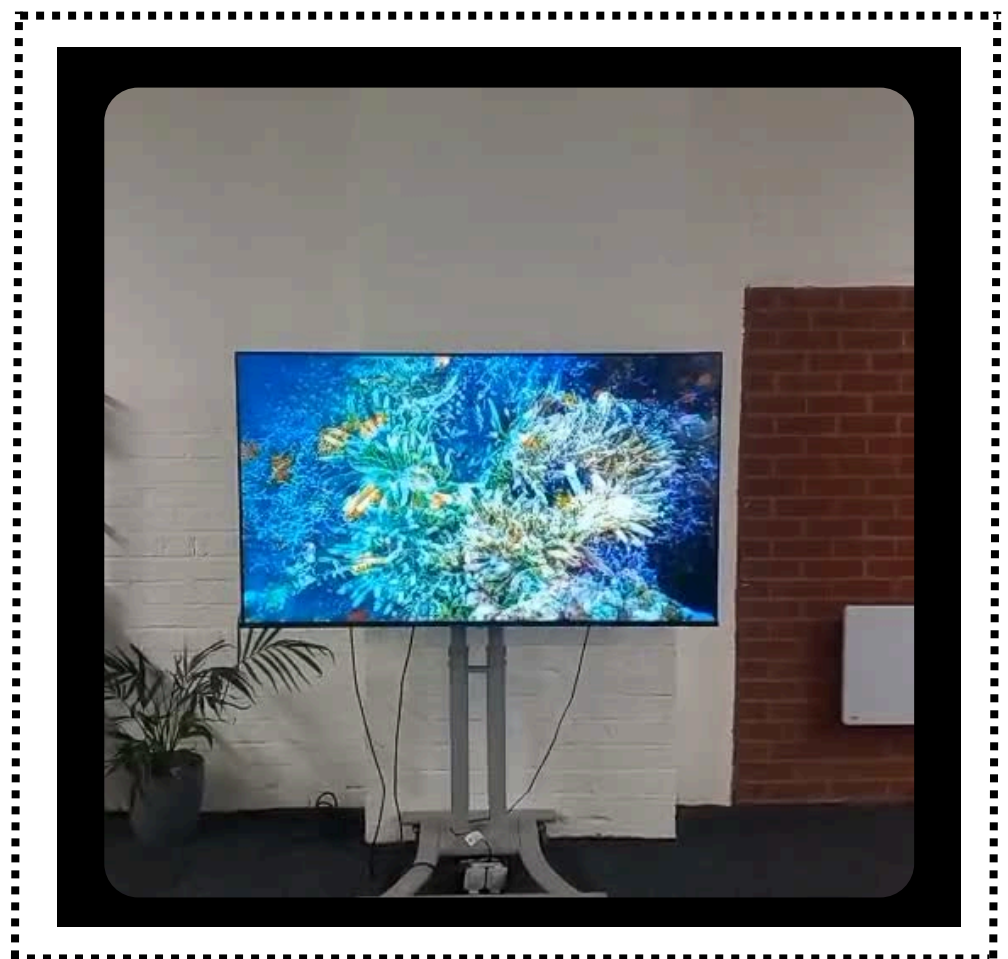
We are please to announce that we have been awarded the
BRONZE SEND Co-production award.

We have been working hard to listen to our community and
the people that use our service.

We created a **Calming Corner** as our young people told us
that they wanted a safe, quiet space sometimes so they
completed activities to make the space their own.

Keep updated
on our
**Send Co-
production
page:**

<https://www.afcscic.org/send-co-production/>



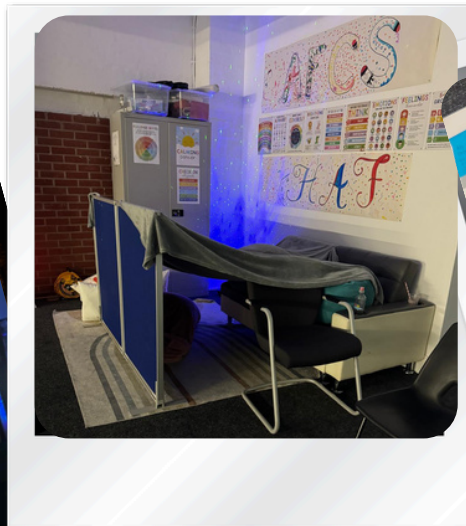
**BRONZE
AWARD**

SEND CO- PRODUCTION

We are currently working towards our
SILVER SEND Co-production award.

We are allowing our services to be shaped more and more
by the people that use them inline with our
Theory of Change (ToC).

Our ***Comfort Corner*** was changed by the young people to
make a den, and they helped to draw our ***HAF poster*** to
make the space their own!



**BRONZE
AWARD**

CASE STUDY 1

During this Summer HAF programme we supported a number of children with a range of neurodiverse needs or physical health conditions.

We had a large family attend and one child in particular had very individual needs when it came to eating, they would normally be given a **platter of food choices** and chose what to eat on the day, but also prompted the day before.

The parent confirmed that this was also an issue at home, we provided some information on ARFRID.

Avoidant/Restrictive Food Intake Disorder.

It is an eating disorder where a person eats very little or avoids certain foods. Quite often health defects are hidden E.G Calcium deficiencies or issues of that sort due to certain food groups being avoided due to colour, texture and other reasons.

Supporting kids to make some of their own food really helped with the intake of food choices.

so simple things like, jelly, garlic bread, home made pizza, easy cheesecakes simple flapjacks, chopping their own salad.

Finger foods are useful for kids to pick throughout the day.
But our older kids liked the hearty cooked meals.



CASE STUDY 2

Using cooking activities to explore maths, critical thinking, sharing, Group activity encouraging **social interaction** also to check in on basic English and Math skills.

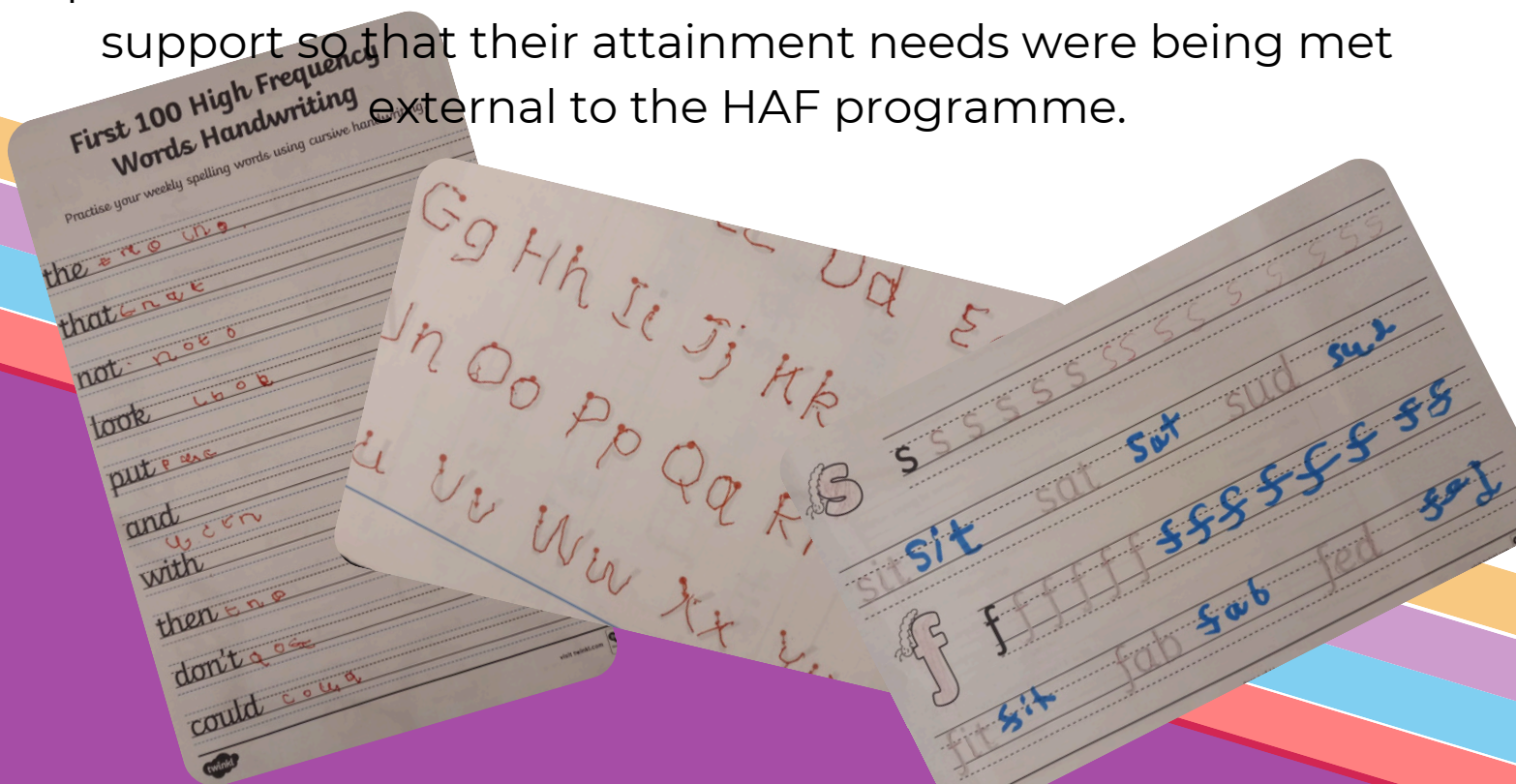
One of our **support staff is a teacher** so we set up our activities so that the kids would need to double up their ingredients, so **calculating 2 x** whatever they needed to make their cheesecakes, scones.

It also enabled us to see who might be struggling and who was doing quite well in these areas of adding and writing recipes.

Our inclusion promise allowed us to really see children's **handwriting, current skills** and support they might need.

We were blessed to identify 2 young people that we provided additional support to with writing practice while at HAF.

While doing activities together it felt more **inclusive** so not singling people out, but we were also able to **signpost** parents to either internal or external services for additional support so that their attainment needs were being met external to the HAF programme.



CASE STUDY 3

One young person arrived at our HAF club with a big badge saying '*It's my Birthday*'.

Attending HAF for the first time on their birthday must have been a huge deal, meeting a lot of people they didn't know but we tried our best to make them feel welcome.

We went out and bought a cake, we made the kids choose more activities on that day so that they did more of the things they chose and of course the park, and an extra treat in the afternoon.

I think the *cost of living crisis* will indicatively lead to more families celebrating their children's birthdays at clubs as the cost to them personally will be reduced.

Not all HAF programmes will have as flexible a budget if they buy food in for meals, but we are in the process of getting our food hygiene rating as we have **registered as a food business** to be able to cater for the neurodiverse needs of the children that typically attend our programme.

We are please to say that we have been awarded a

5 Food Hygiene Rating.



CASE STUDY 4

One of our young people that attended HAF this year lived with **Tricotilomania**, which is also known as **trich** or **TTM**, is when someone cannot resist the urge to pull out their hair.

They may pull out the hair on their head or in other places, such as their eyebrows or eyelashes.

Trich usually starts between the ages of 10 and 13 years old.

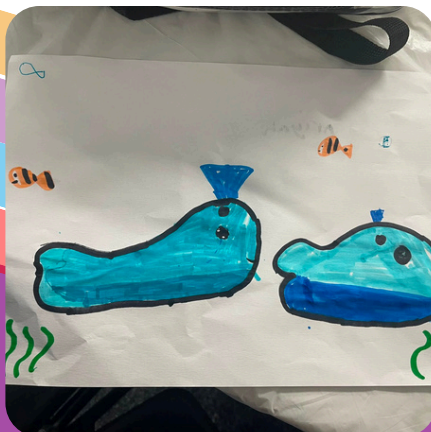
At the start of HAF the young person attended and engaged well with other children and the parent had a conversation with staff.

They were not sure how to handle the hair pulling which had resulted in hair becoming missing around the front of the head and surrounding areas. It was reported that it happened mainly when they were asleep, and we suggested getting some mits sown onto pyjamas to stop the pulling at night.

But also to allow the young person to embrace what happens next.

The young person chose to go to the barbers and have their hair cut short and chose the style, ultimately empowering the young person to make positive choices about themselves.

The other children didn't really notice, so there were no issues and the young person felt included. There had been a lot of change at home and the breakdown of a longstanding marriage, which may have been contributing. But again we were able to support and signpost services for the whole family.



CULTURE

The Museum

We took our kids to do loads of outdoor activities including the **FREE** activities in the square Birmingham City Centre where the kids won a couple of prizes, we visited the Museum.

Karate Workshop

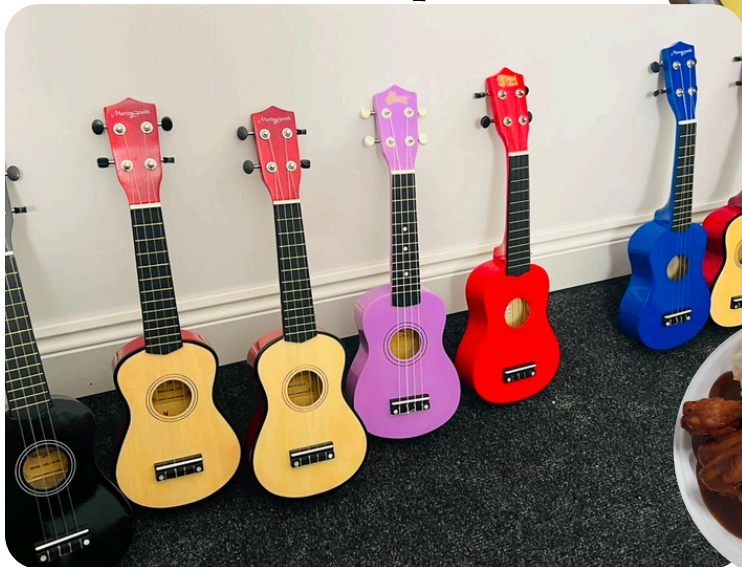
We made the most of the **FREE bus fares** for the summer holidays only paying for staff.

Some children played music at home and loved the **Ukele Workshop.**

Inclusion workshop

City Farm

The Kids did a Ukele Workshop



Entry is free
Please Donate £5



HERITAGE

Grapes At City Farm



Statue On The Steps



Kids Built a Calming Corner



KIDs Created the AFCS CIC Banner



Bird House

Badge Making



Games In The City



ENRICHMENT

We took our kids to loads of outdoor activities including **Mindful colouring** in the park. The **Jamaica 0121** Festival by the Council House and we caught up with **Richard Parker** the **Birmingham Mayor**.



Personalised Bags



Affirmation Jars



PROJECT OUTCOMES & LEGACY

Our **HAF programme** is small - medium and intentionally so, we have some children attend that have local authority intervention, live with a variety of neurodiversity conditions or symptoms.

We also, always allow the siblings of children attending to come to HAF if they are younger than necessary to attend themselves, it serves our purpose to keep smaller numbers for this reason amongst others to keep siblings together in the holidays.

From our case studies it showcases that this **Qualitative approach** allows us the time to engage in one-to-one support when children need it, rather than having large numbers and not much time to provide that **person centred** and **trauma informed** intervention.

Our staff teams **uniqueness** of being dual skilled also allows for appropriate intervention, early on which creates the best context for positive outcomes.

We have one structural step to complete to achieve '**an easy 5 food hygiene rating**' and this evaluation of our **5 week pilot** will hopefully support other organisations to deliver HAF with due care and candour for our vulnerable young people.





TOP TIPS

Thanks for getting this far, we thought we would share with you some of our top tips to make **HAF** easy and stress free.

①

Updating your profile information on the [BIOB](#) platform has to be number 1. Update who you are, what you do so that families have an idea what they are signing up for.

②

Utilise the **FREE** training through the BIOB site and other platforms before thinking about buying any. You know it will be a good standard. We also use:

- National Youth Agency (NYA) [Academy](#), visit it to register for **FREE** CPD courses.
- The [Birmingham Safeguarding Partnership](#) which is the local authority standard and is high quality.

③

Check out what **FREE** offers are available for children, you may need to adjust a day to get some free activities but it is worth it. We got **FREE**:

- Bus travel for all our children
- **FREE** entry to the **0121 Jamaica festival**
- **FREE** access to activities in the council house square
- **FREE** access to the Museum
- **FREE** fruit from Tesco (it was mainly apples but the kids loved them). They were useful for smoothies, the fruit bowl and making desserts.
- We have a number of different padlets, but if you store all your HAF support documents, session plans etc, they will always be in one place. Here's an [example](#)



WE WOULD LIKE TO SAY....THANK YOU TO....

Firstly our **staff team** who have supported and volunteered their time on this project when it has been needed to make the commitment to our community.

Our parents, children and people that support our project by delivering workshops, and all those who feed back on our services so that we can make improvements, and keep doing all the things that you tell us work well.

To all of our **funders** who have supported us to feed children during the school holidays, enrich their minds and spirits with activities and programmes that help them to build *social* and *emotional* skills.

We could not have done this without **YOU!**



AFCS CIC *Project*®

R-respecting

E-very

S-ingle

Perspective & Persons

E-motional

C-hallenge

T-together

ACCEPTANCE HAS
no boundaries

AFCS

**A Fathers Child
Services**



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For more information on our services please contact us.